



# First Friday Mass and Exposition

## O SAVING VICTIM OPEN WIDE

O saving Victim, open wide,  
The gate of heav'n to us below!  
Our foes press on from every side;  
Thine aid supply, thy strength bestow.

To Thy great name be endless praise,  
Immortal Godhead, one in Three;  
Oh, grant us endless length of days,  
In our true native land with Thee. Amen

## TO JESUS HEART ALL BURNING

1. To Jesus' Heart, all burning with fervent love for all,  
My heart with fondest yearning shall raise the joyful strain.

*Refrain:*

While ages course along, blest be with loudest song  
The Sacred Heart of Jesus, by every heart and tongue.

2. O Heart for me on fire with love no one can speak,  
My yet untold desire, God gives me for Thy sake.

3. Too true, I have forsaken Thy love by willful sin;  
Yet now let me be taken, back to Thy grace again.

4. As Thou art meek and lowly, and ever pure of heart  
So may my heart be wholly of Thine the counterpart.

## Efficacious Novena to the Sacred Heart of Jesus

**I. O my Jesus, you have said: "Truly I say to you, ask and you will receive, seek and you will find, knock and it will be opened to you." Behold I knock, I seek and ask for the grace of.....** *(here name your intention)*

Our Father....Hail Mary....Glory Be to the Father....Sacred Heart of Jesus, **I place all my trust in you.**

**II. O my Jesus, you have said: "Truly I say to you, if you ask anything of the Father in my name, he will give it to you." Behold, in your name, I ask the Father for the grace of.....** *(here name your intention)*

Our Father...Hail Mary....Glory Be To the Father....Sacred Heart of Jesus, **I place all my trust in you.**

III. **O my Jesus, you have said: "Truly I say to you, heaven and earth will pass away but my words will not pass away." Encouraged by your infallible words I now ask for the grace of.....(here name your intention)**

Our Father....Hail Mary....Glory Be to the Father...Sacred Heart of Jesus, **I place all my trust in you.**

**O Sacred Heart of Jesus, for whom it is impossible not to have compassion on the afflicted, have pity on us miserable sinners and grant us the grace which we ask of you, through the Sorrowful and Immaculate Heart of Mary, your tender Mother and ours.**

### ***Hail, Holy Queen***

**Hail Holy Queen, Mother of mercy, our life, our sweetness, and our hope. To thee do we cry poor, banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us O holy Mother of God, that we may be made worthy of the promises of Christ.**

St. Joseph, foster father of Jesus, **pray for us.**

### **Prayer to St. Michael the Archangel**

**Saint Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou O Prince of the heavenly host, by the power of God, cast into hell Satan and all the evil spirits, who wander through the world seeking the ruin of souls. Amen.**

### **The Angelus**

V. The Angel of the Lord declared to Mary:      **R. And she conceived by the Holy Spirit.**

Hail Mary...

V. Behold the handmaid of the Lord:              **R. Be it done unto me according to Thy word.**

Hail Mary . . .

V. And the Word was made Flesh:                **R. And dwelt among us.**

Hail Mary . . .

Pray for us, O Holy Mother of God, **that we may be made worthy of the promises of Christ.**

Let us pray: **Pour forth, we beseech Thee, O Lord, Thy grace into our hearts; that we, to whom the incarnation of Christ, Thy Son, was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection, through the same Christ Our Lord. Amen.**